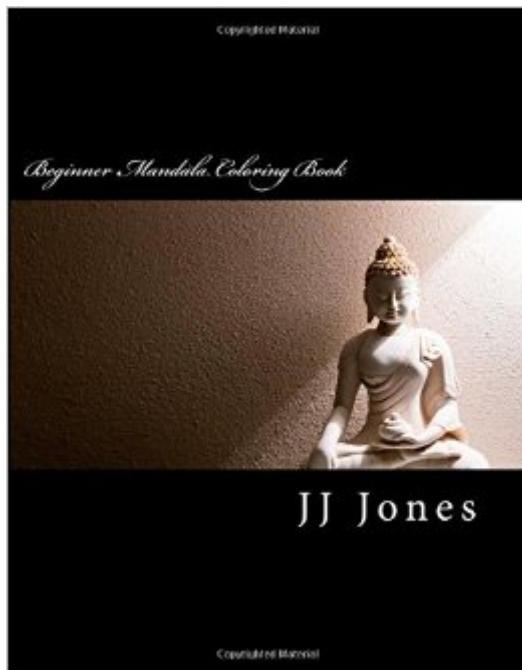


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# Beginner Mandala Coloring Book



## Synopsis

THIS IS A GREAT ACTIVITY FOR CHILDREN & ADULTS AS IT HELPS TO FOCUS THE MIND AND BRING YOU TO A POINT WHERE YOU CAN BEGIN TO LEARN THE BASIC CONCEPTS OF MEDITATION. THE FUN DESIGNS YOU COLOR WILL HELP THEM NATURALLY LEARN TO DEVELOP THE FOCUS NEEDED FOR MEDITATION. INCLUDED IN THE BOOK ARE SPIRITUAL PICTURES & QUOTES TO HELP DIRECT YOUR MIND AS YOU COLOR.

## Book Information

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Product Dimensions: 8.5 x 0.1 x 11 inches

Shipping Weight: 4.3 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ  See all reviewsÂ  (1 customer review)

Best Sellers Rank: #1,402,683 in Books (See Top 100 in Books) #89 inÂ  Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Science & Anatomy #1181 inÂ  Books > Health, Fitness & Dieting > Alternative Medicine > Holistic #37201 inÂ  Books > Crafts, Hobbies & Home > Crafts & Hobbies

## Customer Reviews

Very well done book.

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